

GYNAECOLOGY & OBSTETRICS UPDATE

Website for Doctors MarkMalak.com

Website for Patients MrMalak.com

Issue 109th

November, 2011

Author

Mark Malak

MB, BCh., M.Sc.,
Ph.D., DFFP,
MRCOG, FRCOG

Lead Urogynaecologist
East Sussex NHS
Hospitals Trust

Tel: 01323 413735

**HOSPITAL
DOCTOR**

AWARD

1st runner up

**UK best
Continence Team**

**Eastbourne
Urogynecology
Team**

M Malak, A Grimston,
J Andrews, N Lawton,
A Spirou, W Fletcher

Integrated management of pelvic floor disorders: Prolapse, urinary incontinence (1ry & recurrent), frequency, urgency and recurrent cystitis

**NHS Clinical
Excellence
Award**
2005 2006 2007
2008 2009
(achieving the highest local Award)

The 109th Issue
Other Milestones



RESEARCH PIONEERS
Medical pioneers save heartache

Research 1994

Consultant 1995

Ph D 1996

Royal Visit 1995

It is hereby certified that
Dr. Mark Malak was admitted to the degree of
Doctor of Philosophy
on the fourth day of July 1996

The First & only Urogynaecology Unit in Eastbourne 1996

TVT New Procedure 1997	TVT_o New Procedure 2005
Audit 2001	Audit 2008
Audit 2005	Audit 2009
Cure/Satisfaction %	Cure/Satisfaction %
90%/96%	94%/ 97%
94%/97%	Published

HOSPITAL DOCTOR AWARDS 2005
CONTINENCE CARE TEAM OF THE YEAR

Leading lights in specialist care

The finalists: Eastbourne, Leicester & Croydon

EASTBOURNE CONTINENCE CARE TEAM

The judge: Prof Linda Cardozo, chairman, British Society of Urogynaecology

DH Department of Health

Clinical Excellence Award

**2005
2006
2007
2008
2009
Highest Local Award**

Selection for Publication Committee of IUGA [International Urogynaecology Association] 2008

MEANew Procedure 2001

2002 BBC coverage

2006 Audit

2007 Satisfaction: 93%

2007 Published

BBC Coverage

KENT AND SUSSEX JOURNAL OF OBSTETRICS AND GYNAECOLOGY
January 2009

THE EFFECTIVENESS OF THE OBTURATOR TENSION FREE VAGINAL TAPE (TVT_o) IN TREATMENT OF STRESS URINARY INCONTINENCE

Tarek Dabash, Mark Malak*

KENT AND SUSSEX JOURNAL OF OBSTETRICS AND GYNAECOLOGY
February 2007

THE EFFECTIVENESS OF MICROWAVE ENDOMETRIAL ABLATION IN THE TREATMENT OF HEAVY MENSTRUAL BLEEDING

Tarek Dabash, Mark Malak*