

GYNAECOLOGY & OBSTETRICS UPDATE

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**NHS Clinical
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Urethral Injection of Bulking Agent for Urinary Stress Incontinence

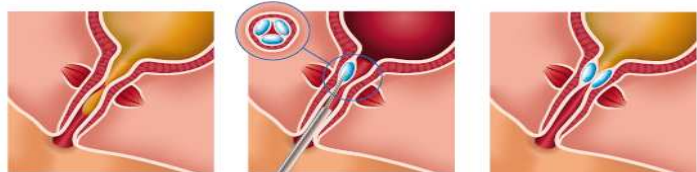
The Author has introduced a new and minimally invasive technique for stress urinary incontinence in late 2008. It provides a new hope for specific cases of female stress urinary incontinence when other surgical procedures are considered unsuitable:

- * Young women who have not yet completed their family
- * Women with high surgical and anaesthetic risks
- * Stress incontinence associated with **severe** urgency and/or urge incontinence

The Tension free Vaginal Tape surgery remains the first choice for all other cases of stress incontinence.

Bulking creates artificial urethral cushions that can improve urethral coaptation and hence restore continence. The bulking agent used in the new technique is Bulkamid®. It is hydrogel that is being used for many years in cosmetic surgery and in the production of soft contact lenses. Bulkamid® is homogeneous, stable, not biodegradable, and has favourable tissue-like viscosity and elasticity. It is expected, therefore, that its long term success to be superior to those of other bulking agents which are associated with the need for repeated injections.

The procedure is done under local or general anaesthetics. The patient is discharged normally after few hours. Return to full normal activities is normally after a week. The author's patients have reported excellent preliminary results.



The bulking agent is injected under the urethral mucosa through a specially designed short (11cm) cystoscope to produce 3 artificial urethral cushions.

NHS Clinical Excellence Award 2009 for the author

The author annual lecture

“Gynaecology Update 2009”

on 23/06/09 at 18:45 in the Grand Hotel

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